


2022	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM	9am Boxing	9am Boxing	9am Boxing	9am Boxing	9am Boxing	9am Boxing
	MMA Striking 9:00 - 10:30 am		MMA Striking 9am - 10:30 am	MMA Striking 9am - 10:30 am		
10:00 AM	Fight Camp <b>BOXING</b> 10am-12pm Invitation Only	Fight Camp <b>BOXING</b> <b>Sparring</b> 10am-12pm Invitation Only	Fight Camp <b>BOXING</b> 10am-12pm Invitation Only	Fight Camp <b>BOXING</b> 10am-12pm Invitation Only	Fight Camp <b>BOXING</b> 10am-12pm Invitation Only	Fight Camp <b>BOXING</b> <b>Sparring</b> 10am-12pm Invitation Only
10:30 AM	MMA Grappling 10:30am - 12:00pm	MMA Sparring 10:00am - 12:00pm	MMA Grappling 10:30am - 12:00pm	MMA Grappling 10:30am - 12:00pm	MMA Sparring 10:00am - 12:00pm	
12:00 PM	Fighter's S & C 12:00pm - 1pm	Fighter's S & C 12:00pm - 1pm	Fighter's S & C 12:00pm - 1pm	Fighter's S & C 12:00pm - 1pm	Fighter's S & C 12:00pm - 1pm	Boxing TThSaturday 12pm
1:00 PM						Boxing TThSaturday 1pm Kids Boxing TThSaturday 1pm
4:00 PM	Kids Boxing MWF	Kids Boxing TThS	Kids Boxing MWF	Kids Boxing TThS	Kids Boxing MWF	<b>Set Classes:</b> <b>3x Wk=\$199/mo</b> <b>Fight Camp=</b> <b>\$250/mo</b> <b>Unlimited=</b> <b>\$299/mo</b> <b>Registration:</b> <b>\$59</b> <b>Drop In:</b> *Can be used for any class except Fight Camp <b>1 Session = \$30</b> <b>10 Sessions =</b> <b>\$250</b> <b>Verified Fighter</b> <b>- \$15</b> <b>Personal</b> <b>Training</b> <b>1 Session = \$60</b> <b>10 Sessions =</b> <b>\$500</b>
5:00PM	5pm Boxing MWF	5pm Boxing TThS	5pm Boxing MWF	5pm Boxing TThS	5pm Boxing MWF	
5:45 PM	Kids (6-12yo) Gi Jiu-Jitsu MWF 5:45 - 6:45 pm		Kids (6-12yo) Gi Jiu-Jitsu MWF 5:45 - 6:45 pm		Kids (6-12yo) No-Gi Jiu-Jitsu MWF 5:45 - 6:45 pm	
6:00 PM	6pm Boxing MWF	6pm Boxing TThS	6pm Boxing MWF	6pm Boxing TThS	6pm Boxing MWF	
	Kickboxing 6:00 - 7:00 pm		Kickboxing 6:00 - 7:00 pm		Kickboxing 6:00 - 7:00 pm	
7:00 PM	7pm Boxing M-F	7pm Boxing M-F	7pm Boxing M-F	7pm Boxing M-F	7pm Boxing M-F	
	Gi Jiu-Jitsu MWF 7:00-8:30pm		Gi Jiu-Jitsu MWF 7:00-8:30pm		No-Gi Jiu-Jitsu MWF 7:00-8:30pm	
	Kids Kickboxing 7:00 - 8:00 pm		Kids Kickboxing 7:00 - 8:00 pm		Kids Kickboxing 7:00 - 8:00 pm	
7:30 PM	Fight Camp 7:30-9pm Invitation Only	Fight Camp 7:30-9pm Invitation Only	Fight Camp 7:30-9pm Invitation Only	Fight Camp 7:30-9pm Invitation Only	Fight Camp 7:30-9pm Invitation Only	